



Pride of Maui

SAFETY CHECKLIST FOR MAUI WATERFALLS





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Before You Go

- Check weather.gov/hawaii for conditions
- Download offline maps
- Pack first aid kit
- Tell someone your plans
- Check sunrise/sunset times

Essential Gear

- Closed-toe water shoes with grip
- Extra water (1L per hour)
- Snacks/energy bars
- Dry bag for electronics
- Sun protection
- Insect repellent
- Quick-dry towel
- Change of clothes

Trail Safety

- ✓ Stay on marked paths
- ✓ Check footing before steps
- ✓ Watch for falling rocks
- ✓ Cross streams at shallowest point
- ✓ Look for trail markers
- ✓ Turn back if conditions worsen

Water Safety

- ✗ No swimming after rain
- ✓ Check water clarity
- ✓ Avoid submerged rocks
- ✗ No diving/jumping
- ✓ Watch for flash flood signs
- ✓ Exit water if thunder

Emergency Info

- ✓ Call 911 for emergencies
- Save (808) 270-7285 (Maui Emergency)
- Take photo of trail map
- Note nearest mile markers
- Know nearest medical facilities
- Keep phone charged